

## Meditation in music and movement

## Dances of Universal Peace

1st Saturday of the month

3.30 - 5.30pm

## Centre for Peace and Meditation

15 Blair Street Bondi

(near 379 bus stop cnr Warners & Glenayr Ave)

Simple, meditative and uplifting group dances, celebrating the world's spiritual traditions.

No previous experience is necessary.

All are welcome.

Please bring some food to share after the dance

By Donation

For more information ring
Arjuna Ben: 0405 138 439
arjunab@bigpond.net.au
or visit <a href="https://www.dancesofuniversalpeaceaustralia.org">www.dancesofuniversalpeaceaustralia.org</a>