



SATURDAYS 2-4pm 2022
AUGUST 27th, SEPTEMBER 24th, OCTOBER 22nd
NOVEMBER 26th, DECEMBER 17th

Venue- Church Hall Christ the King Anglican Church
40 Hutchinson St Mt Barker SA
All Welcome!

Enquiries – Amrita dancingfeetwalking@gmail.com or 0409 209 054

Cost \$10 to cover hall hire - All donations gratefully received

We come together in community, we dance, sing, our body prays, our heart awakens, we connect to what really matters, we remember...

~Heart to heart, hand to hand toward peace~



‘Spiritual practice brings us face to face with Life and Truth, prior to the concepts and beliefs of the person, opening to our true nature - authentic, unguarded, beyond form and imbued with the spaciousness and love that connects all.’

The Dances of Universal Peace and Walking Concentrations are spiritual practice in motion. Drawing on the sacred phrases, scripture, and poetry of the many spiritual traditions of the earth, the Dances blend chant, live music and evocative movement into a living experience of unity, peace and integration. This taste of our true nature - as Universal Peace - opens to the possibility of a deep spiritual revolution within the person.’

(ref – INDUP)



<https://www.dancesofuniversalpeaceaustralia.org>
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It is appreciated that if you are unwell that you stay home and rest as we need to look after each other. Thank you for your kindness and consideration.